



Community
Action
Commission
OF SANTA BARBARA COUNTY

The Art of Giving Back

CAFÉ & CATERING COMPANY

315 Camino Del Remedio
Santa Barbara, CA 93111

7:30am - 2:00pm

Monday - Friday

Call Orders Ahead

805-681-9968

Coming soon..... place your order online at
www.artofgivingback.com

SUNRISE DELIGHTS

SERVED

MONDAY - FRIDAY - 7:30 AM TO 11:00 AM

BREAKFAST

DELUXE BREAKFAST BURRITO.....\$6.00

TWO EGGS, HASH BROWNS, MIXED CHEESE AND A CHOICE OF MEAT
HAME, BACON, SAUSAGE, CHORIZO, TURKEY OR MIXED VEGGIES

COMBO 1.....\$5.25

TWO EGGS WITH ONE SIDE. HASH BROWNS, TOAST, OR 2 SLICES
OF MEAT

COMBO 2 (GLUTEN FREE).....\$6.00

TWO EGGS SERVED WITH A CHOICE OF TWO SIDES HASH BROWNS,
TOAST, OR 2 SLICES OF MEAT

COMBO 3 (GLUTEN FREE).....\$6.75

TWO EGGS, HASH BROWNS, CHOICE OF MEAT AND TOAST

BREAKFAST DELIGHTS.....\$7.50

TWO EGGS, 2 PANCAKES BACON OR SAUSAGE

FRENCH TOAST.....\$6.50

3 SLICES OF FRENCH TOAST WITH BERRIES SERVED WITH BUTTER
OR SYRUP

EGG WHITE SANDWICH.....\$6.00

SPINACH, AVOCADO, TOMATO, CANADIAN TURKEY BACON, AND FETA
ON A GRILLED ENGLISH MUFFIN

BREAKFAST SANDWICH.....\$6.00

TWO EGGS, CHEESE, AND A CHOICE OF BACON, SAUSAGE, HAM OR
TURKEY ON GRILLED WHITE, WHEAT, SOURDOUGH OR CROISSANT

BREAKFAST BURGER.....\$6.99

BEEF PATTY WITH A FRIED EGG, AVOCADO, SMOKED BACON, GOUDA
CHEESE, WITH AIOLI ON A DELUXE BURGER BUN

MONTE CRISTO.....\$6.50

LAYERED HAM, TURKEY AND PROVOLONE CHEESE, LAYERED IN
BETWEEN GOLDEN GRILLED FRENCH TOAST, SERVED WITH A SIDE
OF JELLY

VEGGIE BREAKFAST SANDWICH.....\$6.00

ENGLISH MUFFIN WITH 2 FRIED EGGS SPINACH TOMATO, AVOCADO
AND PESTO

HUEVOS RANCHEROS (GLUTEN FREE).....\$7.50

2 CORN TORTILLAS WITH REFRIED BEANS AND TWO FRIED EGGS
TOPPED WITH A RED SALSA MIXED CHEESE DICED GREEN ONION,
TOMATO WITH HOUSE MADE CORN CHIPS

BAGEL SANDWICH.....\$6.25

TWO EGGS, SERVED WITH A CHOICE OF MEAT, TOMATO, PROVOLONE,
WITH AVOCADO AND MAYO

PHILLY SPECIALS (GLUTEN FREE).....\$6.00

2 FRIED EGGS ON TOP OF TWO CORN TORTILLAS WITH LAYERED
BACON CILANTRO TOMATO AND ONION SERVED WITH A SIDE OF SALSA

CREATE YOUR OWN OMELET (GLUTEN FREE).....\$7.95

CHOICE OF UP TO 2 MEATS WITH SPINACH, TOMATO, ONION,
JALAPEÑOS CHOICE OF CHEESE AND HASH BROWNS

DENVER OMELET (GLUTEN FREE).....\$8.25

DICED HAM, GREEN ONION AND BELL PEPPERS WITH PROVOLONE OR
CHEDDAR CHEESE WITH A SIDE OF HASH BROWNS AND SALSA

ORTEGA CHILI OMELET (GLUTEN FREE).....\$8.25

DICED GREEN ORTEGA CHILIS, GREEN ONIONS WITH BACON AND
SAUSAGE WITH JACK CHEESE TOPPED WITH AVOCADO WITH A SIDE
OF HASH BROWNS AND SALSA

CHILAQUILES (GLUTEN FREE).....\$7.50

2 EGGS, BEANS, SOUR CREAM, ONION, TOMATO AND QUESO FRESCO

3 STACK OF PANCAKES (SUB GLUTEN FREE).....\$5.00

VEGAN STRAWBERRY PANCAKES (SUB GLUTEN FREE).....\$7.50

SANDWICH DELIGHT (GLUTEN FREE).....\$6.25

ROASTED ZUCCHINI, MUSHROOMS, TOMATO, CARAMELIZED ONIONS,
AVOCADO ON A TOASTED 12 GRAIN BAGEL

AVOCADO TOAST (VEGETARIAN).....\$4.00

2 SLICES OF TOAST SPREAD WITH AVOCADO OR BLACK BEAN
AVOCADO HUMMUS

MEAT SIDE CHOICES - TURKEY, HAM, BACON, CANADIAN TURKEY
BACON, SAUSAGE AND CHORIZO

VEGGIE OPTIONS - TOMATO, RED ONION, GREEN ONION, JALAPENO,
BELL PEPPERS, SPINACH OR ZUCCHINI, MUSHROOMS

CHEESE CHOICES - CHEDDAR, JACK, PROVOLONE AND PEPPER JACK
CHEESE, MIX CHEESE (JACK & CHEDDAR)

SIDES

OATMEAL- SMALL.....\$2.00 LARGE.....\$2.75

DANISH.....\$2.00

MUFFINS.....\$2.25

BAGELS & CREAM CHEESE.....\$2.00

COOKIES (2).....\$1.25

BEVERAGES

FOUNTAIN DRINK - SMALL.....\$1.75 LARGE.....\$2.25

CAN SODAS.....\$1.50

PERRIER.....\$2.00

GLASS COKE BOTTLE.....\$2.00

WATER BOTTLE.....\$1.25

COFFEE REGULAR - SMALL.....\$1.75 LARGE.....\$2.25

HOT TEA - SMALL.....\$1.50 LARGE.....\$2.25

HOT CHOCOLATE - SMALL.....\$2.50 LARGE.....\$3.25

ORANGE OR APPLE JUICE - SMALL.....\$2.50 LARGE.....\$3.25

SPECIALTY DRINKS - SMALL.....\$3.50 LARGE.....\$4.50

CAPPUCCINO, LATTE, MACCHIATO, AMERICANO FRAPPUCCINO
FLAVORS- VANILLA, SUGAR FREE VANILLA, CARMEL, WHITE CHOCOLATE, CHOCOLATE
MILK OPTION - WHOLE, NONFAT, 1%, ALMOND MILK, COCONUT MILK

FRAPPUCCINO - SMALL.....\$3.75 LARGE.....\$4.75

SMOOTHIES - SMALL.....\$3.75 LARGE.....4.75

MANGO, STRAWBERRY, PINEAPPLE, PEACH, BANANA
SUNRISE SMOOTHIE - MANGO, STRAWBERRY WITH LOW FAT FROZEN YOGURT AND
ORANGE JUICE

SMOOTHIE DELIGHT - PEACH, MANGO WITH LOW FAT FROZEN YOGURT AND ORANGE JUICE

TROPICAL SMOOTHIE - DICED PINEAPPLE AND MANGO WITH LOW FAT FROZEN YOGURT
AND PINEAPPLE JUICE

THE ORIGINAL SMOOTHIE - STRAWBERRY BANANA WITH LOW FAT YOGURT AND APPLE JUICE

SUMMER SMOOTHIE - STRAWBERRY PINEAPPLE WITH LOW FAT YOGURT AND ORANGE JUICE

MANGONADA - DICED MANGO AND PINEAPPLE, TAJIN, CHAMMOY, WITH PINEAPPLE JUICE

MID-DAY MUNCHIES

SERVED

MONDAY - FRIDAY - 11:00 AM TO 2:00 PM

SCUMPTIOUS SALADS

Gluten Free

CHEF.....\$7.50

TURKEY, HAM, MIX CHEESE, HARD BOILED EGG ON A BED OF CRISPY LETTUCE WITH RANCH

SOUTHWEST.....\$7.95

ROASTED CORN, BLACK BEANS, CILANTRO, RED ONION, TOMATO, JICAMA, TORTILLAS STRIPS, GRILLED CHICKEN WITH CILANTRO LIME DRESSING

COBB.....\$7.50

DICED CHICKEN BREAST, BACON, AVOCADO, HARDBOILED EGG, BLUE CHEESE, TOMATO ON A BED OF ROMAINE LETTUCE DRESSED WITH CREAMY RANCH DRESSING

BERRY.....\$7.95

MIX GREENS, DICED CHICKEN, GOAT CHEESE, BERRIES, WALNUTS, RED ONION DRESSED WITH RASBERRY VINAIGRETTE

BBQ.....\$7.95

TOMATO, SLICED JICAMA, ROASTED CORN, AVOCADO, BLACK BEANS, GREEN ONION, MIX CHEESE WITH DICED CHICKEN DRESSED WITH BBQ RANCH DRESSING.

CLASSIC CAESAR.....\$7.50

GRILLED CHICKEN, ROMAINE, PARMESAN CHEESE, HOUSE MADE GARLIC CROUTONS, HOUSE MADE CAESAR DRESSING

ALBACORE TUNA.....\$7.95

TOMATO, RED ONION, CUCUMBER, SHREDDED CARROTS, AVOCADO WITH ALBACORE TUNA DRESSED WITH WHITE BALSAMIC VINAIGRETTE OR RANCH

SUMMER BEET.....\$7.95

SPRING, MIX, DICED BEETS, GOAT CHEESE, WALNUTS, MANDARIN ORANGES, GRILLED CHICKEN BREAST, WITH WHITE BALSAMIC VINAIGRETTE

ASIAN.....\$7.95

CHICKEN BREAST, MANDARIN ORANGES, CABBAGE, CARROTS, CHOW MAIN NOODLES, RED ONION, ALMONDS, ASIAN DRESSING

ANTI-PESTO.....\$7.95

DICED SALAMI, HAM, TOMATO, RED ONION, KALAMATA OLIVES WITH MIX CHEESE DRESSED IN OUR HOUSE MADE KALE PESTO VINAIGRETTE

MANGO.....\$7.95

DICED SWEET MANGO, ALMONDS, AVOCADO, CRANBERRIES, RED ONION, TOMATO, CILANTRO DRESSED WITH HONEY MANAGO VINAIGRETTE

SANDWICHES

Served with chips

HONEY HAM.....\$7.75

GOUDA CHEESE, CARAMELIZED ONIONS, SPINACH, SLICED APPLE WITH SLICED AVOCADO AND AVOCADO AIOLI ON CROISSANT

ROASTED TURKEY.....\$7.75

AVOCADO AIOLI, SPINACH, TOMATO, ROVOLONE CHEESE, ROASTED BELL PEPEPERS, GRILLED ONIONS ON GRILLED SOURDOUGH BREAD

CHICKEN.....\$7.95

CHICKEN LETTUCE, TOMATO WITH MUSTARD, MAYO, CARAMELIZED ONIONS ON GRILLED SOURDOUGH BREAD

MAKE IT YOUR WAY.....\$7.00

COLD OR HOT CHOICE OF TURKEY, HAM, TUNA ON CHOICE OF WHEAT, WHITE, SOURDOUGH OR RYE BREAD

GRILLED CHEESE.....\$5.50

CHOICE OF BREAD AND CHEESE

SANDWICHES

Served with fries

CALIFORNIA SANDWICH.....\$8.25

GRILLED ORTEGA CHILI, MARINATED CHICKEN BREAST, LETTUCE, TOMATO, AVOCADO, BACON ON GRILLED SOUR DOUGH BREAD

CALI CLUB.....\$8.25

LAYERED TURKEY AND HAM, CHEDDAR, BACON, TOMATO, AVOCADO, LETTUCE WITH MAYO AND MUSTARD ON A HOUSE MADE CROISSANT

B.L.T.....\$8.25

APPLE SMOKED BACON, LETTUCE, TOMATO, MAYONNAISE, SLICED APPLE, AVOCADO ON GRILLED ARTISAN SOURDOUGH BREAD

ACHIOTE GRILLED FISH.....\$8.50

FISH FILETS MARINATED IN A HOUSE MADE ACHIOTE PASTE, CABBAGE CILANTRO SLAW, AVOCADO, ROASTED JALAPENO WITH PINEAPPLE, AVOCADO AIOLI ON GRILLED BRIOCHE BUN

ADOBO CHICKEN.....\$8.00

MARINATED CHICKEN BREAST IN ADOBO SAUCE WITH CARAMELIZED ONIONS, AVOCADO, GRILLED JALAPENO, TOMATO, LETTUCE WITH AVOCADO AIOLI ON GRILLED SOUR DOUGH BREAD

CHICKEN BREAST PANINI.....\$8.95

CHICKEN HERB AIOLI, TOMATO, SMOKED BACON, AVOCADO, ON ARTISAN SOURDOUGH WITH A DRINK

WRAPS SERVED WITH CHIPS OR SALAD

CHICKEN CAESAR.....\$7.75

GRILLED CHICKEN BREAST, LEAF LETTUCE, CAESAR DRESSING, PARMESAN CHEESE WRAPPED IN A FLOUR TORTILLA

CHICKEN SIRACHA.....\$7.75

CHICKEN BREAST, LETTUCE, CORN, CUCUMBER, TOMATO, CILANTRO WITH SIRACHA MAYO AND CORN CHIPS, SPINACH WRAP

ITALIAN CHICKEN.....\$7.95

GRILLED CHICKEN BREAST, LETTUCE, TOMATO, PROVOLONE, RED ONION, BALSAMIC GLAZE DRIZZLE WITH A HERB AIOLI SAUCE WRAPPED IN A SPINACH HERB TORTILLA

TURKEY.....\$7.75

SLICED TURKEY, AVOCADO, LETTUCE, BACON, PEPPER JACK CARAMELIZED ONIONS, CHIPOTLE RANCH DRESSING IN A HERB TORTILLA

BBQ.....\$7.75

GRILLED CHICKEN BREAST WITH LETTUCE, MIX CHEESE, CORN, BLACK BEANS, TORTILLA STRIPS, TOMATOES WITH BBQ RANCH AIOLI WRAPPED IN A FLOUR TORTILLA

BURGERS

Served with fries and a fountain drink
All hamburgers are available on gluten free bread

- GRILLED HAMBURGER.....\$8.50 Add/CHEESE.....\$.50**
HAMBURGER LETTUCE, TOMATO, ONION, WITH MAYO, MUSTARD OR THOUSAND ISLAND
- BBQ.....\$8.95**
LETTUCE TOMATO, BACON, ONION RINGS, JACK CHEESE WITH BBQ RANCH AIOLI
- TURKEY.....\$8.75**
MAYO, LETTUCE, TOMATO, GRILLED ONIONS, AVOCADO
- TERIYAKI.....\$8.95**
GRILLED PINEAPPLE, LETTUCE, TOMATO, GRILLED ONIONS, BACON AND AVOCADO WITH A TERIYAKI AIOLI ON A BRIOCHE BUN
- JALAPENO.....\$8.95**
AVOCADO AIOLI, JACK CHEESE, GRILLED ONIONS, LETTUCE, TOMATO, JALAPEÑO BACON WITH GRILLED JALAPEÑOS
- ORTEGA CHILI.....\$8.95**
GRILLED ANAHEIM PEPPERS WITH MAYO, LETTUCE, TOMATO, GRILLED ONION, AVOCADO AND BACON
- HERB BURGER.....\$8.95**
CARAMELIZED ONIONS, LETTUCE, TOMATO, JACK CHEESE AVOCADO AND BACON WITH HERB AIOLI ON A GRILLED BRIOCHE BUN
- CHICKEN BURGER.....\$8.95**
HOUSE BREADED CHICKEN BREAST CARAMELIZED ONIONS LETTUCE, PROVOLONE WITH APPLE CARAMELIZED CHUTNEY ON A GRILLED BRIOCHE BUN
- MUSHROOM BURGER.....\$8.99**
SAUTEED MUSHROOMS, CARAMELIZED ONIONS WITH BLUE CHEESE, ROASTED GARLIC AIOLI ON GRILLED BRIOCH BUN

TACOS

Gluten Free

- BAJA FISH (THREE).....\$7.75**
LIME COLESLAW, SIRACHA MAYO, SLICED AVOCADO, LEMON WEDGES.
- CARNE ASADA (TWO).....\$7.95**
QUESO FRESCO, CILANTRO, ONION, TOMATO, CILANTRO CREMA, RICE AND BEANS
- CHICKEN (TWO).....\$7.75**
COLE SLAW, MANGO, PICO DE GALLO, AVOCADO CILANTRO, CREMA WITH RICE AND BEANS
- PINEAPPLE PORK (TWO).....\$7.75**
CUCUMBER, CILANTRO, SIRACHA MAYO, MANGO PINEAPPLE SALSA WITH RICE AND BEANS

BURRITOS

- CHICKEN.....\$7.75**
BEANS, RICE SOUR CREAM, PICO DE GALLO, MIX CHEESE SERVED WITH SIDE OF SALSA
- CARNE ASADA.....\$8.25**
CHEESE, BEANS, PICO DE GALLO SOUR CREAM, SERVED WITH SIDE OF SALSA
- PORK.....\$7.75**
BEANS, RICE, SOUR CREAM, PICO DE GALLO, MIX CHEESE SERVED WITH A SIDE OF SALSA
- CALIFORNIA.....\$8.25**
SOUR CREAM, PICO DE GALLO ,MIX CHEESE, GUACAMOLE, FRIES AND CARNE ASADA WRAPPED IN A TORTILLA
- SPICY CHICKEN OR PORK.....\$8.50**
JALAPEÑO RICE WITH SAUTÉED BELL PEPPERS PICO DE GALLO, SIRACHA SOUR CREAM, MIX CHEESE WITH A SIDE OF SALSA

BURRITOS ADD-ONS

- MAKE IT A WET BURRITO**
GREEN/RED SAUCE AND MELTED CHEESE...\$.50 GUACAMOLE...\$.50

VEGETARIAN OPTIONS

- BBQ BEAN TACOS (3).....\$7.50**
BLACK BEAN BBQ HUMMUS WITH AVOCADO TOPPED WITH PINEAPPLE SALSA
- ADOBO TACOS.....\$7.50**
BLACK BEANS HUMMUS BELL PEPPERS CABBAGE TOSSED WITH LIME TAHINI CHIPOTLE SAUCE WITH AVOCADO
- VEGAN WRAP.....\$7.95**
SPINACH BLACK BEAN HUMMUS, OR TAHINI CHIPOTLE SAUCE, BELL PEPPERS, CARROTS, CUCUMBER WITH A VEGETARIAN PATTY WITH CHIPS OR A SALAD
- VEGGIE DELIGHT.....\$7.95**
WHOLE GRAIN BREAD LETTUCE, SAUTÉED MUSHROOM, BELL PEPPERS, TOMATO CARROTS, ONION, APPLE, CUCUMBER, ALMONDS WITH BLACK BEAN AVOCADO HUMMUS. WITH CHIPS OR SALAD
- VEGGIE BURGER.....\$7.50**
ROASTED BLACK BEAN HUMMUS WITH A VEGETARIAN PATTY, LETTUCE, TOMATO, CARAMELIZED ONION, AVOCADO ON A GRILLED BRIOCHE BUN WITH FRIES OR SALAD
- MUSHROOM LOVERS.....\$7.50**
SAUTÉED PORTOBELLO MUSHROOM, SPINACH, CARAMELIZED ONIONS, SAUTÉED WHITE MUSHROOMS AND PROVOLONE WITH VEGAN GARLIC AIOLI ON A GRILLED BURGER BUN WITH FRIES

EXTRA GOODIES & SIDES

- FISH AND CHIPS.....\$7.95**
3 HAND BREADED FISH, FRIES, TARTER, SAUCE, LEMON WEDGES
- CHICKEN TENDERS.....\$6.50**
SERVED WITH STEAK FRIES AND RANCH DRESSING
- QUESADILLA.....\$5.50**
SERVED WITH SIDE OF SOUR CREAM AND SALSA
- ADD HAM OR CHICKEN.....\$1.00**

- HOUSE MADE BEER BATTER ONION RINGS.....\$3.50**
- HOUSE MADE CHIPS.....\$1.75**
- FRENCH FRIES.....\$2.50**
- SCOOP OF TUNA.....\$1.75**
- SIDE SALAD.....\$3.50**
TOMATO, CUCUMBER, CHEESE AND DRESSING.

DAILY SOUP

- SMALL.....\$3.00**
- LARGE.....\$4.50**